

My Quiet Time

This belongs to:

As you **READ** the Bible this week,
THINK about these things:

- God made me to have a special relationship with Him.
- My greatest joy will come from knowing and loving God.
- I can learn more about God by spending time with Him in His Word.



THE ARMOR OF GOD

Week #4



Key Verse

Ephesians 6:13

"Therefore take up **the whole armor of God**, that you may be able to withstand [stand] in the evil day..."



THE ARMOR OF GOD

DAY - 1

This week's key verse reminds us that we need **God's armor to help us stand against our enemy, Satan.**

Why do soldiers need armor?

To keep warm

To protect themselves from the enemy and his attacks

To disguise themselves so the enemy wouldn't see them coming

The armor (protection) God gives us from the enemy, is **His Word the Bible.**

Satan likes to tempt us to sin by lying to us and by making sin look good. When you are tempted to sin, use **God's Word!**

God's Word tells us that sin always brings sadness. Only loving and obeying God can bring you real happiness.



THE ARMOR OF GOD

DAY - 2

James 4:7

“Therefore **submit to [obey] God. Resist the devil [Satan]** and he will flee from you.”

This verse reminds us that it is important to:

1) Submit to God - decide to obey Him.

Remember He loves you and knows what is best.

2) Resist the devil - choose to say "no" when Satan tempts you to sin.

Remember sin will only bring you sadness.

Here are some ways you can submit to God:

- Remember what God says in His Word.
- Believe God's Word is true.
- Choose to obey God.

OBEY

Another name for God's Word is the

B



THE ARMOR OF GOD

DAY - 3

Psalm 119:11

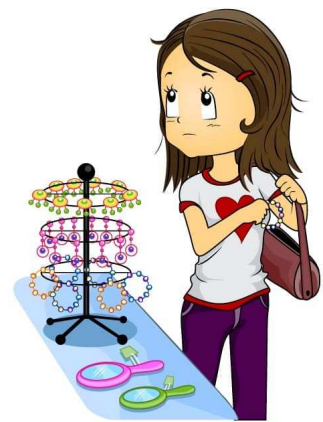
"Thy Word have
I hid in my heart,
that I might not sin
against Thee."



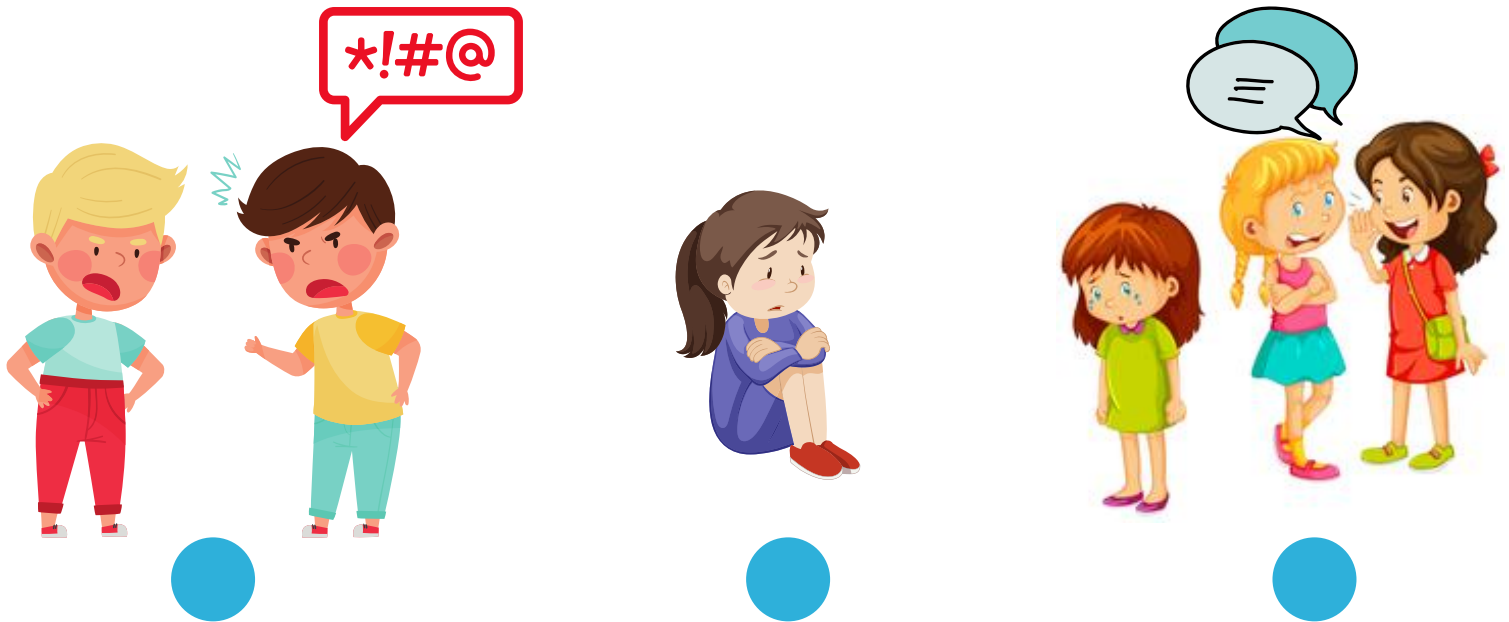
Knowing
and loving
God's Word will help
you say no to sin.

Here are some verses that can help you say no to sin. Put a check mark below the picture that each verse can help you say no to.

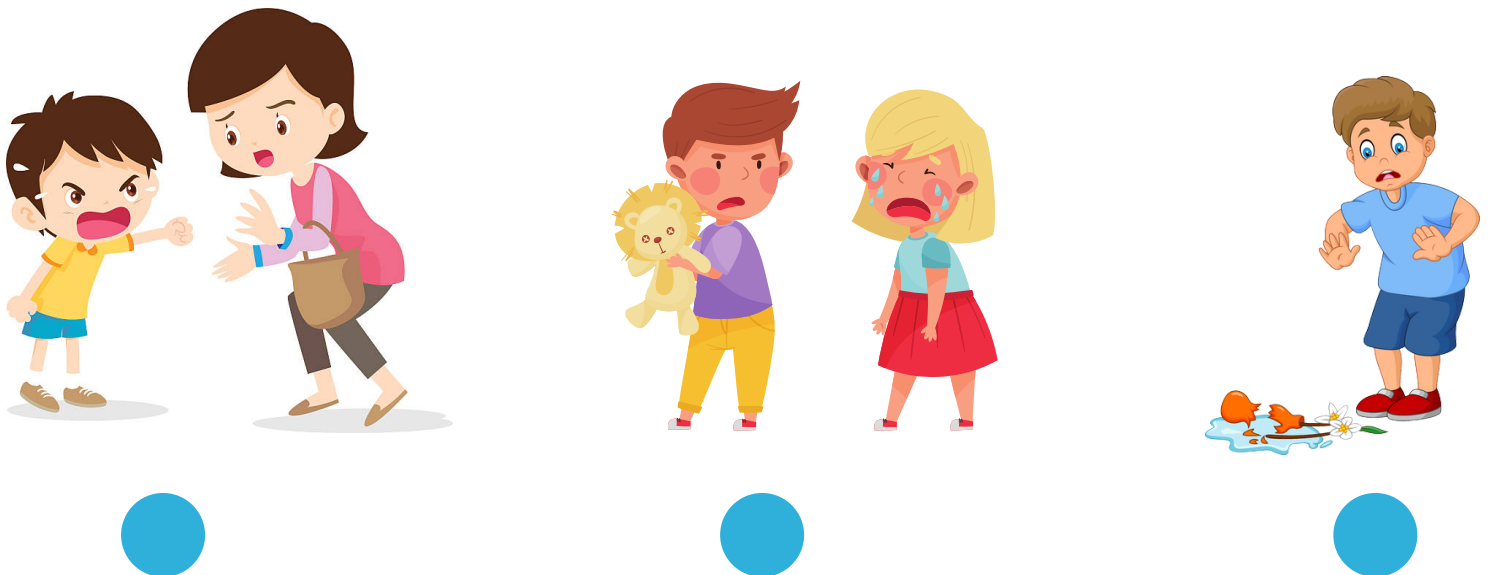
Ephesians 4:28 - "Let him that stole steal no more..."



Ephesians 4:29 - "Let no corrupt word proceed out of your mouth..."



Ephesians 6:1 - "Children, obey your parents in the Lord..."



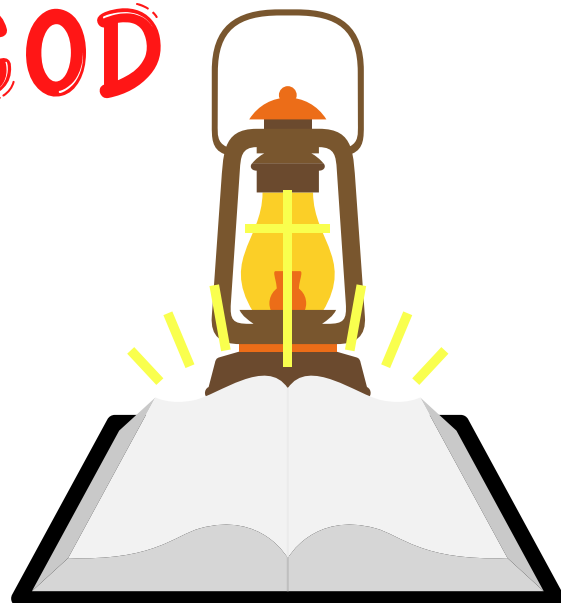
Look back at the verses we learned today. Think about which verse can help you say no to sin this week. Try to memorize it.

THE ARMOR OF GOD

DAY - 4

Psalm 119:105

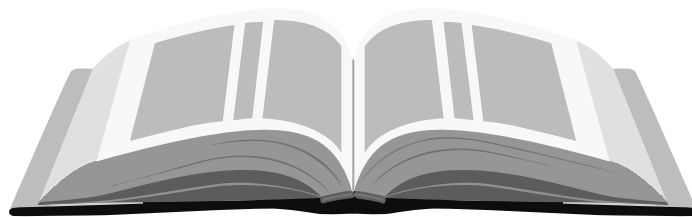
"Thy Word is a lamp unto my feet, and a light unto my path."



When you are in a dark room, you can't see the danger that is right in front of you. This verse tells us God's Word is like a light. It shows you the dangerous lies Satan wants you to believe and keeps you from going the wrong way.

That's why it's important to spend time each day reading God's Word so that you **know** it, **believe** it, and want to **obey** it.

How can you keep from going the wrong way?



K_____
God's Word



B_____
God's Word



O_____
God's Word

THE ARMOR OF GOD

DAY - 5

God's Word is the armor (protection) He has given us to say no to our enemy, Satan. Look back at the verses from this week. Which verse can help you say no to sin and instead choose to obey God? Write that verse in the space below.
