

My Quiet Time

This belongs to:

As you **READ** the Bible this week,
THINK about these things:

- God made me to have a special relationship with Him.
- My greatest joy will come from knowing and loving God.
- I can learn more about God by spending time with Him in His Word.



THE ARMOR OF GOD

Week #2

Key Verse

Ephesians 6:10 - "Finally, my brethren,
be strong in the Lord and
in the power of His might."





THE ARMOR OF GOD

DAY - 1

It is not a good idea for you to try to fight the enemy (Satan) on your own. You are not strong enough!

If you know Jesus as your Savior, there is good news! **God, the Creator of this whole world, is strong enough to do anything and promises to help you.** He wants to give you the strength you need to say "No" to sin and defeat the enemy.

When Satan tempts you to sin, pray!

Ask God to help you say "No" to sin and do what is right.



Go to the next page



What is the first thing you normally do when you are tempted to sin?



Talk to my friend



Think about how fun it will be



Pray to God and ask Him for help



THE ARMOR OF GOD

DAY - 2

When Satan tempts
you to sin,
remember!

God is
with you!



If you know Jesus as your Savior from sin,
Jesus lives in you and promises that
He will never leave you.

"For He [Jesus] hath said,
'I will never leave thee, nor forsake thee.'"



Hebrews 13:5

Who will be with you and help you
when you are tempted to sin?



Go to the next page

Do you know Jesus as your Savior?

Knowing Jesus as your Savior means believing Jesus is **God the Son** and that He did these things for you (Read about it in the verse below):

"...Christ [Jesus] **died** for our sins... and that He was **buried**, and that He **rose** again the third day..."



1 Cor. 15:3-4

To receive Jesus as your Savior from sin, you must believe that...

1. Jesus is **G** _____ the Son.
2. Jesus **d** _____ for my sins.
3. Jesus was **b** _____.
4. Jesus **r** _____ again.

If you do not already know Jesus as your Savior and you believe that Jesus is God the Son and that He is the only One who can save you from your sin, you can tell God something like this.

"Dear God, I know that I sin. I believe Jesus died on the cross for me. Please save me."

If you believe these things, He will keep His promise, and He will save you!

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DAY - 3

When Satan
tempts you
to sin, believe!

God can give you the
strength you need to
say "No" to sin.

"He [Jesus] who is in you is **greater** than he
[Satan] who is in the world."



1 John 4:4

If you know Jesus as
your Savior, who is
He who is in you?

J _____



Who is he who is in
the world?

S _____

Is there a sin in your life that seems too big
and too hard to get rid of? If you are trying to
get rid of it on your own, you are right! **Pray.**
Ask God to forgive you of that sin and help you
not to do it again. Then **believe that God will
keep His promise, and He will help you.**

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DAY - 4

When you are tempted to sin, remember to:

- Pray to God.
- Remember He is with you.
- Believe He can help you say no to sin.

Put a  under the examples that show what happens when we don't do these things.

When my friend asked me to look at a dirty picture, I said "No."



When I got angry at my brother, I shoved him to the ground.



When dad told me to clean out the garage, I turned off the TV and went right away.



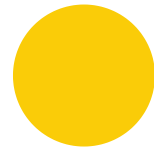
When my friends made fun of the new kid at school, I went along with them.



When mom asked who took the last cookie, I admitted it was me.



How do you feel
when you **choose to obey God**?



Ask God to help you to:

- Pray to Him.
- Remember He is with you.
- Believe He can help you say "No" to sin.

Ask God to help you obey Him.

Remember, He is your Helper!



THE ARMOR OF GOD

DAY - 5

Look back at the **KEY VERSE** on DAY 1.
Try to memorize it. Then write it on the
lines below.

Ephesians

"Finally,

be

and

His